

ENGLISH

Month	Periods	Lesson	Teaching Aids And Methodology	Activities(Based on experiential learning)	Skills	Assessment	Learning Outcome
APRIL	20	Poem – Two Little Hands	Poem Recitation with action (Demonstration Method) Videos	Integration with Arts - Draw and colour emojis of different emotions	Reasoning ability	Reading Assessment	Able to recite poem
		Lesson – Catch me if you can	Loud reading (Drilling Method) (Phonics Approach) Whole Word Approach	Integration with Dance – Poem – Two Little Hands	Social adaptability		Able to identify the characters of the story
		Sound words	Playway Method Phonics Approach	Alphabet games	Quickness of decision	Sorting of sound words	Able to associate words with pictures
		Grammar- Rhyming words	Worksheets and Smart Board (Blended Learning)			Dictation	Able to read fluently
		Singular – Plural	Flash cards Live examples with real objects (Activity Based Method)	Thumbs up, Thumbs down (Singular / Plural)	Cooperation		
		Is / am / are	3D Charts (Explanation Method)	Integration with Phy.Edu. – Hopscotch		Grammar test on worksheet	Able to identify singular and plural nouns

MAY	24	<p>Poem – Hop a little</p> <p>Lesson – The Sparrow Family</p> <p>Grammar –</p> <p>Articles – a / an</p> <p>Punctuation</p> <p>Picture Description (Animals)</p>	<p>Poem recitation with action (Demonstration Method) Videos</p> <p>Loud Reading (Demonstration Method) (Phonics Approach)</p> <p>Real objects (Activity Based Method)</p> <p>Learning by doing</p> <p>PPTs Videos (Pictures of various animals)</p>	<p>Integration with Phy.Edu. – Poem – Hop a little (Knowledge of action words)</p> <p>Integration with Art- Draw a bird and paste feathers on it</p> <p>Article Hunt Let’s Do And Learn</p> <p>Animal Charades</p>	<p>Power of expression</p> <p>Organising ability</p> <p>Initiative</p> <p>Self confidence</p> <p>Stamina</p>	<p>Framing sentences</p> <p>Reading Assessment</p> <p>Dictation</p> <p>Speaking Assessment</p>	<p>Able to talk about self/ pictures</p> <p>Able to read fluently</p> <p>Able to identify vowel sounds</p> <p>Able to differentiate between small and capital letters</p> <p>Able to frame sentences</p>

JUNE - SUMMER VACATION

JULY	15	<p>Poem – My Family</p> <p>Lesson – The Capseller And The Monkeys</p> <p>Picture Comprehension</p> <p>Composition – My Mother My Father</p> <p>Rearrange the jumbled sentences</p>	<p>Poem recitation with action (Demonstration Method) Videos</p> <p>Loud Reading (Demonstration Method) (Drilling Method)</p> <p>Pictures of different places and rooms (Observation Method)</p> <p>Discussion Method</p> <p>Word Cards (Playway Method)</p>	<p>Puppet Theatre (Role Play)</p> <p>Five – finger retell</p> <p>Role – play</p> <p>Create a story</p> <p>Me and mike activity</p> <p>Jumble n Mumble</p>	<p>Reasoning skills</p> <p>Initiative</p> <p>Critical thinking</p> <p>Problem solving</p>	<p>Reading Assessment</p> <p>Dictation</p> <p>Worksheet on Picture Comprehension</p> <p>Speaking Assessment</p>	<p>Able to develop feeling of love and care for others</p> <p>Able to read fluently Able to improve vocabulary</p> <p>Able to develop writing skills.</p> <p>Able to develop correct pronunciation</p> <p>Able to understand the basic order of the words in a sentence</p>
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AUGUST	24	<p>Poem – Five Little Monkeys</p> <p>Lesson – Animals And Birds</p> <p>Seen Comprehension</p>	<p>Poem recitation with action (Demonstration Method) Videos</p> <p>Loud Reading (Demonstration Method) (Drilling Method)</p> <p>Worksheets Black board (Demonstration Method)</p>	<p>Integration with music- Recitation of poem</p> <p>Integration with Art- Draw and colour a peacock</p> <p>Sorting of Domestic and wild animals</p> <p>Guessing Game</p> <p>Vocabulary Bingo</p> <p>Listen and answer</p> <p>Question Ball</p>	<p>Liveliness</p> <p>Effective intelligence</p> <p>Power of expression</p> <p>Critical Thinking</p>	<p>Speaking Assessment</p> <p>Framing sentences</p> <p>Reading Assessment</p> <p>Dictation</p>	<p>Able to identify action words</p> <p>Able to improve vocabulary</p> <p>Able to improve reading and writing skills</p> <p>Able to identify domestic and wild animals</p> <p>Able to improve thinking skills</p>
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<p>Sept.</p>	<p>25</p>	<p>Grammar - Naming words</p>	<p>Live Examples</p> <p>Pictures of different naming words</p> <p>Smart Board</p> <p>Nature Walk (Play way Method) (Discussion Method)</p>	<p>Visit to a school garden / playground</p> <p>Nouns Express</p> <p>Classification of naming words</p> <p>Scavenger Hunt</p>	<p>Creative Thinking</p> <p>Decision Making</p> <p>Reasoning Skills</p>	<p>Listening Assessment</p> <p>Worksheet on naming words</p>	<p>Able to identify naming words</p> <p>Able to frame sentences</p> <p>Able to classify names of persons, places, things and animals</p>
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OCT.	22	<p>Poem - Butterflies</p> <p>Position Words</p> <p>Was / were</p> <p>Comprehension (unseen)</p>	<p>Poem recitation with action (Demonstration Method) Videos</p> <p>Live Examples Smart Board (Demonstration Method) (Learning by doing)</p> <p>3D Charts (Explanation Method)</p> <p>Discussion Method</p> <p>Worksheets Black board (Demonstration Method)</p>	<p>Speaking activity</p> <p>Integration with Art – Connect the dots and complete the picture</p> <p>Simon Says</p> <p>Follow the instructions and create a picture</p> <p>Integration with Phy. Edu. - Hopscotch</p> <p>Read and answer</p> <p>Question Ball</p>	<p>Self confidence</p> <p>Reasoning Ability</p> <p>Organising ability</p> <p>Critical Thinking</p> <p>Problem Solving</p>	<p>Reading Assessment</p> <p>Dictation</p> <p>Framing sentences</p> <p>Worksheet on Grammar topics</p> <p>Listening Assessment</p>	<p>Able to comprehend the text</p> <p>Able to develop speaking skills</p> <p>Able to use prepositions like in, on, under etc</p> <p>Able to describe various things</p> <p>Able to write simple, short sentences</p> <p>Listens to instructions and draws a picture</p>
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NOV.	24	<p>Poem –Fruits for all</p> <p>Lesson – A Visit To The Market</p> <p>Composition – My School Bag My Pencil Box</p> <p>Genders</p> <p>Comprehension Passage (unseen)</p>	<p>Videos Poem recitation with action (Demonstration Method)</p> <p>Picture description (Demonstration Method) Loud reading (Drilling Method)</p> <p>Worksheets Black board Course book (Demonstration Method)</p> <p>Live examples Smart - Board</p>	<p>Buying and Selling Activity</p> <p>Speaking Activity</p> <p>Gender Nouns Sorting Activity</p>	<p>Determination</p> <p>Confidence</p> <p>Stamina</p> <p>Courage</p> <p>Self awareness</p>	<p>Assessment on speaking and listening</p> <p>Complete the paragraph with the correct words</p> <p>Reading Assessment</p>	<p>Able to recite poem with action</p> <p>Able to enhance vocabulary</p> <p>Able to identify different fruits</p> <p>Able to understand the importance of spending and saving</p> <p>Able to develop writing skills</p> <p>Able to identify and differentiate between 'He' or 'She' words</p> <p>Able to respond to comprehension questions</p> <p>Able to enhance vocabulary</p>
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DEC.	23	<p>Poem – Pitter Patter</p> <p>Opposites</p> <p>Has / Have</p> <p>Comprehension Passage (Unseen)</p>	<p>Poem recitation with action (Demonstration Method) Videos</p> <p>Flash cards Live Examples (Collaborative Learning)</p> <p>3D Charts (Explanation Method)</p> <p>Worksheets Black board Course book (Demonstration Method)</p>	<p>Integration with Dance – Poem recitation with actions</p> <p>Pairing Game</p> <p>Guessing Game</p> <p>Integration with Phy. Edu. - Hopscotch</p>	<p>Power of expression</p> <p>Reasoning ability</p> <p>Effective intelligence</p> <p>Fine motor skills</p>	<p>Poem Recitation</p> <p>Reading Assessment</p> <p>Worksheet on unseen comprehension passage</p>	<p>Able to recite poem</p> <p>Able to compare two different things</p> <p>Able to improve vocabulary</p> <p>Able to respond to comprehension questions</p>
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FEB.	20	G.B. – Action words	Flash cards (Demonstration Method) Pictures showing different actions (Activity Method)	Integration with Phy. Edu. – Action words Sorting action words Charades	Ability to influence the group Power of expression	Worksheet on Grammar topics Picture composition on action words	Able to identify action words
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पुस्तक - सोन चिरैया

विषय - हिंदी

कक्षा - प्रथम

मास	कालांश	पाठ्यक्रम	सहायक सामग्री तथा शिक्षक कार्यप्रणाली	गतिविधियाँ (प्रायोगिक ज्ञान पर आधारित)	कौशल	मूल्यांकन	ज्ञानार्जन
अप्रैल	20	ओ ,औ की मात्राओं का अभ्यास व्याकरण - वचन बदलो कविता -बिल्ली	पाठ्यपुस्तक द्वारा शब्दों व चित्रों की पहचान , विभिन्न चित्रों द्वारा मात्राओं का स्पष्टीकरण प्रोजेक्टर के माध्यम से व्याकरणिक विषयों की जानकारी फ्लैश कार्ड	वर्ग पहेली, स्वरमाला, मात्राएँ व व्यंजन पहचान, सामूहिक चर्चा कविता (नृत्य के साथ एकीकृत)	सोचने की क्षमता श्रवण कौशल आत्म जागरुकता सोचने की क्षमता अभिव्यक्ति कौशल	चित्रों द्वारा शब्दों की पहचान व सही उच्चारण श्रुतलेख कविता गायन	मात्राओं की ध्वनि के आधार पर शब्दों का सही उच्चारण व लिखने की क्षमता, वर्णमाला के अक्षरों की आकृति और ध्वनि की पहचान करवाना श्रुतलेख के माध्यम से शुद्ध वर्तनी का प्रयोग करना सीखेंगे। व्याकरणिक विषयों द्वारा बच्चों का बौद्धिक विकास बच्चे कविता का हाव-भाव व लय के साथ वाचन सीख जाएँगे।

मई	24	<p>अं, अँ</p> <p>मात्राओं का अभ्यास</p> <p>व्याकरण - लिंग बदलो</p> <p>कविता - गुब्बारे</p>	<p>पाठ्यपुस्तक द्वारा भावपूर्ण वाचन, फ्लैश कार्ड</p> <p>चित्रों द्वारा शब्दों व मात्राओं की पहचान, मात्राओं से संबंधित माड्यूल दिखाया जाएगा।</p> <p>प्रोजेक्टर एवं श्यामपट्ट के माध्यम से</p> <p>व्याकरणिक विषयों की जानकारी देना।</p>	<p>मात्रा की यात्रा</p> <p>वर्ग पहेली</p> <p>रंगों द्वारा</p> <p>कविता (कला के साथ एकीकृत)</p>	<p>श्रवण कौशल</p> <p>सोचने की क्षमता</p> <p>सृजनात्मक सोच</p> <p>निर्णय लेने की गति</p> <p>अभिव्यक्ति कौशल</p>	<p>श्रुतलेख</p> <p>शब्दों का सही उच्चारण</p> <p>पुस्तक वाचन</p> <p>कविता गायन</p>	<p>श्रुतलेख के माध्यम से शुद्ध वर्तनी का प्रयोग करना सीखेंगे।</p> <p>मात्राओं की ध्वनि में अंतर समझना व उच्चारण सुदृढ़ बनाना</p> <p>चित्रों को स्वयं की अभिव्यक्ति का माध्यम बनाना</p> <p>व्याकरणिक विषयों का ज्ञान</p> <p>बच्चे कविता का हाव-भाव व लय के साथ वाचन सीख जाएँगे।</p>
जून		ग्रीष्मावकाश					

जुलाई	15	<p>ऋ मात्रा का पठन, व्याकरण- विलोम शब्द</p> <p>कहानी - चुमचुम जाग गई पुस्तक से (मौखिक)</p>	<p>पाठ्यपुस्तक द्वारा शब्दों का सुनना सुनाना , पठन</p> <p>मात्राओं से संबंधित अतिरिक्त पुस्तक व मॉडयूल</p> <p>चार्ट व चित्रों द्वारा कहानी का अभ्यास करवाया जाएगा</p>	<p>वर्ग पहेली</p> <p>वाक्य संरचना</p> <p>विलोम शब्द (शारीरिक शिक्षा के साथ एकीकृत)</p> <p>कहानी (संगीत के साथ एकीकृत)</p>	<p>निर्णय लेने की गति</p> <p>अभिव्यक्ति कौशल</p> <p>सोचने की क्षमता</p> <p>श्रवण कौशल</p>	<p>पुस्तक वाचन</p> <p>मौखिक और लिखित परीक्षा</p> <p>मूल्यपरक कहानी</p>	<p>उच्चारण सुदृढ़ बनाना</p> <p>शब्दों का स्पष्ट व शुद्ध उच्चारण करवाया जाएगा</p> <p>चित्रों को स्वयं की अभिव्यक्ति का माध्यम बनाना</p> <p>अपनी भाषा में अपनी बात कहने और करने की आजादी</p>
अगस्त	24	<p>पाठ 19 मीठे बोल</p> <p>पाठ - 20 माँ और मेघा</p> <p>व्याकरण - फल और सब्जियाँ</p>	<p>पाठ्य पुस्तक द्वारा भावपूर्ण वाचन व चित्रों के माध्यम से पाठ्य पठन, फल व सब्जियाँ दिखाते हुए उनका महत्व बताना</p>	<p>वार्तालाप गतिविधि विभिन्न आकृतियों द्वारा</p> <p>सामूहिक चर्चा</p>	<p>निर्णय लेने की गति</p> <p>अभिव्यक्ति कौशल</p>	<p>मौखिक व लिखित परीक्षा</p> <p>श्रुतलेख पुस्तक वाचन प्रश्नोत्तरी</p>	<p>बच्चों को मीठी बोली बोलने की प्रेरणा देना दूसरों की बातों का रुचि के साथ अध्ययन करना फल व सब्जियों का महत्व</p> <p>हमारे जीवन में माँ का सर्वश्रेष्ठ योगदान</p>

सितंबर	24	पाठ 22 खरगोश ने रंग लगाया रंगों के नाम अनुच्छेद - आम	चित्रों व रंगों के माध्यम से पाठ्य पठन संबंधित चित्र दिखाते हुए वाक्य पूछना	खेल के माध्यम से रंगों की पहचान (कला के साथ एकीकृत) फलों का महत्त्व	श्रवण कौशल सोचने की क्षमता अभिव्यक्ति कौशल कल्पना शक्ति	पाठ्य पठन प्रश्नोत्तरी वाक्यों को संग्रहित करके निबंध रूप में लिखना	हमारे पास जो भी है, हमें उसी में संतोष करना सुनी और पढ़ी गई बातों को समझ कर अपने शब्दों में कहना और लिखना
अक्टूबर	20	पाठ -23 आदत सुधर गई व्याकरण -अशुद्ध शुद्ध कविता - तितली	पुस्तक वाचन , प्रोजेक्टर के माध्यम से चित्रों व पाठ्य पुस्तक द्वारा	स्वयं की अच्छी आदतों के बारे में बताना अनुशासन में रहते हुए खेल संबंधी नियम (शारीरिक शिक्षा के साथ एकीकृत) तितली का चित्र बनाकर उसमें रंग भरना(कला के साथ एकीकृत)	निर्णय लेने की क्षमता आत्मविश्वास बौद्धिक विकास	पुस्तक वाचन प्रश्नोत्तरी लिखित व मौखिक परीक्षा कविता गायन	जीवन में अच्छी आदतों को अपनाना , अनुभवों और जानकारी का इस्तेमाल करते हुए अनुमान लगाना बच्चे कविता का हाव-भाव व लय के साथ वाचन सीख जाएँगे।

नवंबर	24	<p>पाठ -25 गुलाब ने कहा</p> <p>गिनती १- १० तक अंकों व शब्दों में,</p> <p>लिंग बदलो,</p> <p>अनुच्छेद - गाय, घोड़ा</p> <p>संज्ञा छाँटो</p> <p>कविता - चिड़ियाघर</p>	<p>विषय वस्तु को सुदृढ़ बनाना पाठ का सुनना व सुनाना</p> <p>पुस्तक वाचन</p> <p>संबंधित चित्र दिखाते हुए वाक्य पूछना</p>	<p>बच्चों को स्कूल के बगीचे का भ्रमण करवाना</p> <p>गिनती का ज्ञान (शारीरिक शिक्षा के साथ एकीकृत)</p> <p>मेरा रंगीला समंदर</p> <p>(कला के साथ एकीकृत)</p>	<p>सामाजिक अनुकूलन शीलता</p> <p>अभिव्यक्ति कौशल</p> <p>सोचने की क्षमता</p>	<p>मौखिक व लिखित परीक्षा</p> <p>प्रश्नोत्तरी</p> <p>वाक्यों को संग्रहित करके निबंध रूप में लिखना</p> <p>प्रश्नोत्तरी</p>	<p>पेड़ पौधों को कभी ना तोड़ना व अधिक से अधिक पेड़ लगाना</p> <p>व्याकरणिक विषयों का ज्ञान</p> <p>दिए गए विषय पर अपने शब्दों में लिखना</p> <p>विभिन्न विराम चिन्हों का समझ के साथ प्रयोग करना</p> <p>चित्रों के माध्यम से अनुमान लगाना</p>
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दिसंबर	22	<p>पाठ - 26 कल वाली बात</p> <p>व्याकरण - जानवरों व पक्षियों के नाम</p> <p>चित्र वर्णन</p> <p>कविता - बिल्ली और दिल्ली</p>	<p>पुस्तक वाचन</p> <p>चित्रों व मॉड्यूल के माध्यम द्वारा प्रश्नोत्तरी</p> <p>श्यामपट्ट पर चित्र बनाकर प्रश्नोत्तरी</p>	<p>खेल खेल में बच्चों द्वारा पक्षियों व जानवरों की आवाज़ का अनुसरण करना</p> <p>वार्तालाप विधि</p> <p>कविता (नृत्य के साथ एकीकृत)</p>	<p>जिम्मेदारी की भावना</p> <p>प्रभावी बुद्धि का विकास</p> <p>बौद्धिक विकास</p> <p>सामाजिक अनुकूलन शीलता</p>	<p>श्रुतलेख</p> <p>मौखिक व लिखित परीक्षा</p> <p>प्रश्नोत्तरी</p>	<p>विभिन्न विराम चिन्हों का समझ के साथ प्रयोग करना</p> <p>चित्रों के माध्यम से अनुमान लगाना</p> <p>जानवरों व पक्षियों के बारे में जानकारी</p> <p>भाषा में निहित ध्वनियों और शब्दों के साथ खेलने का आनंद लेना</p> <p>व्याकरणिक विषयों की जानकारी</p>
जनवरी	15	<p>पठित गद्यांश</p>	<p>पुस्तक के द्वारा व श्यामपट्ट पर लिखकर पठन करना</p> <p>चिंतन प्रक्रिया</p>	<p>सामूहिक चर्चा</p>	<p>सोचने की क्षमता</p> <p>सृजनात्मक सोच</p>	<p>मौखिक व लिखित परीक्षा</p>	<p>घर और विद्यालय की भाषा के बीच संबंध बनाना</p> <p>शब्दकोष में वृद्धि</p>

फरवरी	15	अनेक शब्दों के लिए एक शब्द	प्रोजेक्टर के माध्यम से	पाठ्य पुस्तक में से अनेक शब्दों के लिए एक शब्द ढूँढना	सोचने की क्षमता निर्णय लेने की क्षमता सामाजिक अनुकूलन शीलता	प्रश्नोत्तरी	शब्दकोष में वृद्धि
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SESSSION:2024-2025

GRADE -1

ਵਿਸ਼ਾ – ਪੰਜਾਬੀ

ਮਹੀਨਾ	ਮਿਆਦ	ਪਾਠਕ੍ਰਮ	ਸਹਾਇਕ ਸਮੱਗਰੀ ਅਤੇ ਕਾਰਜਪ੍ਰਣਾਲੀ	ਕਿਰਿਆਤਮਕ ਗਤੀਵਿਧੀ	ਕੌਸ਼ਲ	ਮੁਲਾਂਕਣ	ਗਿਆਨ ਪ੍ਰਾਪਤੀ
ਅਪ੍ਰੈਲ	10	ੳ ਤੋਂ ਛ	ਵਰਨਮਾਲਾ ਦਾ ਚਾਰਟ ਵਿਚਾਰਵਟਾਂਦਰਾ ਬਲੈਕਬੋਰਡ	ਅੱਖਰਾਂ ਤੇ ਚਿੱਤਰ ਨਾਲ ਸਬੰਧਿਤ ਮੇਲ ਮਿਲਾਓ, ਚਿੱਤਰ ਦੇਖ ਕੇ ਸਹੀ ਅੱਖਰ ਤੇ ਗੋਲਾ ਲਗਾਓ ਅੱਖਰਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਮੇਲਮਿਲਾਓ, ਚਿੱਤਰ ਪਛਾਣ ਕੇ ਸਹੀ ਅੱਖਰ ਲਿਖੋ	ਅੱਖਰ ਗਿਆਨ ਤੇ ਸਹੀ ਬਣਾਵਟ ਉੱਚੀ ਅਵਾਜ਼ ਵਿੱਚ ਸਮੂਹਿਕ ਕਵਿਤਾ ਉਚਾਰਨ	ਸੁਲੇਖ, ਚਿੱਤਰ ਪਛਾਣੋ ਕਵਿਤਾ ਉਚਾਰਨ	ਅੱਖਰਾਂ ਦੀ ਪਛਾਣ ਆਪਸ ਵਿੱਚ ਮਿਲਜੁਲ ਕੇ ਰਹਿਣ ਦੀ ਮਹੱਤਤਾ
		ਕਵਿਤਾ (ਅਰਦਾਸ)	ਵੀਡੀਓ ਅਤੇ ਜਮਾਤ ਵਿੱਚ ਅਧਿਆਪਕ ਨਾਲ ਮਿਲਕੇ ਕਵਿਤਾ ਗਾਉਣਾ	ਸੰਗੀਤ ਨਾਲ ਏਕੀਕ੍ਰਿਤ			

ਮਈ	16	ਚ ਤੋਂ ਵ	ਵਰਨਮਾਲਾ ਦਾ ਚਾਰਟ, ਵਿਚਾਰ ਵਟਾਂਦਰਾ ਅਤੇ ਸੰਬੰਧਿਤ ਚਿੱਤਰ	ਵਰਨ ਮਾਲਾ ਨੂੰ ਖਾਲੀ ਥਾਵਾਂ ਵਿੱਚ ਲਿਖ ਕੇ ਪੂਰਾ ਕਰੋ ਅੱਖਰਾਂ ਨੂੰ ਤਰਤੀਬਵਾਰ ਲਿਖਣਾ	ਅੱਖਰ ਗਿਆਨ, ਫੈਸਲੇ ਦੀ ਸਮਰੱਥਾ, ਪ੍ਰਭਾਵਸ਼ਾਲੀ ਬੁੱਧੀ	ਸੁਲੇਖ , ਮੇਲਮਿਲਓ ,ਚਿੱਤਰਦਾ ਪਹਿਲਾ ਅੱਖਰ ਲਿਖੋ	ਅੱਖਰਾਂ ਦਾ ਗਿਆਨ
ਜੁਲਾਈ	8	ਟ ਤੋਂ ਠ ਕਵਿਤਾ - "ਅੱਖਰ ਗੀਤ"	ਵਰਨਮਾਲਾ ਦਾ ਚਾਰਟ, ਸੰਬੰਧਿਤ ਚਿੱਤਰ, ਵਿਚਾਰਵਟਾਂਦਰਾ ਵੀਡੀਓ ਅਤੇ ਜਮਾਤ ਵਿੱਚ ਅਧਿਆਪਕ ਨਾਲ ਮਿਲਕੇ ਕਵਿਤਾ ਗਾਉਣਾ	ਅੱਖਰਾਂ ਨੂੰ ਤਰਤੀਬਵਾਰ ਲਿਖਣਾ, ਭੁਲਾਵੇਂ ਅੱਖਰਾਂ ਨੂੰ ਪਹਿਚਾਣਨਾ ਨਾਚ ਨਾਲ ਏਕੀਕ੍ਰਿਤ	ਅੱਖਰ ਗਿਆਨ, ਫੈਸਲੇ ਦੀ ਸਮਰੱਥਾ, ਪ੍ਰਭਾਵਸ਼ਾਲੀ ਬੁੱਧੀ ਫੈਸਲੇ ਦੀ ਸਮਰੱਥਾ, ਪ੍ਰਭਾਵਸ਼ਾਲੀ ਬੁੱਧੀ	ਸੁਲੇਖ, ਕਾਰਜਸ਼ੀਟ ਕਵਿਤਾ ਉਚਾਰਨ	ਅੱਖਰ ਗਿਆਨ ਵਿੱਚ ਵਾਧਾ ਅੱਖਰ ਗਿਆਨ ਵਿੱਚ ਵਾਧਾ

ਅਗਸਤ	13	ਤ ਤੋਂ ਨ	<p>ਪਹਿਲਾਂ ਅਤੇ ਬਾਅਦ ਵਿੱਚ ਆਉਣ ਵਾਲੇ ਅੱਖਰਾਂ ਦਾ ਚਾਰਟ, ਵਿਚਾਰਵਟਾਂਦਰਾ</p> <p>ਵਰਣਮਾਲਾ ਨੂੰ ਖਾਲੀ ਥਾਵਾਂ ਵਿੱਚ ਲਿਖ ਕੇ ਪੂਰਾ ਕਰੋ</p>	<p>ਅੱਖਰਾਂ ਨੂੰ ਤਰਤੀਬਵਾਰ ਲਿਖਣਾ</p>	<p>ਫੈਸਲੇਦੀ ਸਮਰੱਥਾ,</p> <p>ਪ੍ਰਭਾਵਸ਼ਾਲੀ ਬੁੱਧੀ</p>	<p>ਕਾਰਜਸ਼ੀਟ ਅਤੇ ਇਮਲਾ</p>	<p>ਅੱਖਰ ਗਿਆਨ</p>
ਸਤੰਬਰ	15	ਕਵਿਤਾ-ਫਲਖਾਓ	<p>ਵੀਡੀਓ ਅਤੇ ਜਮਾਤ ਵਿੱਚ ਅਧਿਆਪਕ ਨਾਲ ਮਿਲਕੇ ਕਵਿਤਾ ਗਾਉਣਾ</p>	<p>ਸਰੀਰਕ ਸਿੱਖਿਆ ਨਾਲ ਏਕੀਕ੍ਰਿਤ</p>	<p>ਬੱਚੇ ਫਲ ਖਾਣ ਲਈ ਉਤਸਾਹਿਤ ਹੋਣਗੇ</p>	<p>ਕਵਿਤਾ ਉਚਾਰਨ</p>	<p>ਫਲਾਂ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਜਾਣਕਾਰੀ</p>
		ਉ ਤੋਂ ਨ ਤੱਕ ਦਾ ਅਭਿਆਸ ਕਾਰਜ	<p>ਅੱਖਰਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਚਿੱਤਰ ਅਤੇ ਉਦਾਹਰਣ ਵਿਧੀ</p>	<p>ਅੱਖਰਾਂ ਨਾਲ ਚਿੱਤਰ ਮਿਲਾਉਣੇ, ਅੱਖਰ ਦੇਖ ਕੇ ਚਿੱਤਰ ਅੱਗੇ ਸਹੀ ਜਾਂ ਗਲਤ ਦਾ ਨਿਸ਼ਾਨ ਲਗਾਉਣਾ, ਚਿੱਤਰ ਦਾ ਪਹਿਲਾ ਅੱਖਰ ਲਿਖਣਾ ਅੱਖਰਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਚਿੱਤਰ ਬਣਾਉਣੇ</p>	<p>ਅੱਖਰ ਗਿਆਨ, ਫੈਸਲੇ ਦੀ ਸਮਰੱਥਾ, ਪ੍ਰਭਾਵਸ਼ਾਲੀ ਬੁੱਧੀ</p>	<p>ਸੁਲੇਖ, ਅੱਖਰਾਂ ਦਾ ਉਚਾਰਨ, ਇਮਲਾ</p>	<p>ਅੱਖਰ ਗਿਆਨ,</p>

ਅਕਤੂਬਰ	14	ਪ ਤੋਂ ਮ	ਵਰਨਮਾਲਾ ਨਾਲ ਸੰਬੰਧਿਤ ਚਾਰਟ ਅਤੇ ਵੀਡੀਓ	ਚਿੱਤਰ ਦੇਖ ਕੇ ਸਹੀ ਅੱਖਰ ਲਿਖਣਾ	ਅੱਖਰ ਗਿਆਨ ਤੇ ਸਹੀ ਬਣਾਵਟ	ਸੁਲੇਖ, ਅੱਖਰਾਂ ਦਾ ਉਚਾਰਨ	ਅੱਖਰ ਗਿਆਨ
ਨਵੰਬਰ	12	ਯ ਤੋਂ ਙ	ਅੱਖਰਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਚਿੱਤਰ ਅਤੇ ਉਦਾਹਰਣ ਵਿਧੀ	ਵਰਨਮਾਲਾ ਨੂੰ ਖਾਲੀ ਥਾਵਾਂ ਫਾਰਮੈਟ ਵਿਚ ਲਿਖ ਕੇ ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਸਹੀ ਉੱਤਰ ਤੇ ਨਿਸ਼ਾਨ ਲਗਾਉਣ ਲਈ ਕਹਿਣਾ	ਵਿਦਿਆਰਥੀਆਂ ਨੂੰ ਆਪਣੇ ਨਾਮ ਦਾ ਪਹਿਲਾ ਅੱਖਰ ਦੱਸਣ ਲਈ ਉਤਸ਼ਾਹਿਤ ਕਰਨਾ ਪੰਜਾਬੀ ਦੀ 35 ਦੇ ਪੂਰੇ ਅੱਖਰਾਂ ਦਾ ਗਿਆਨ	ਕਾਰਜਸ਼ੀਲ ਅਤੇ ਇਮਲਾ ਚਿੱਤਰ ਦਾ ਪਹਿਲਾ ਅੱਖਰ ਦੱਸਣ ਦੀ ਯੋਗਿਤਾ ਵਧਾਉਣੀ	ਅੱਖਰ ਗਿਆਨ ਵਿੱਚਵਾਧਾ ਭੁਲਾਵੇ ਅੱਖਰਾਂ ਦਾ ਗਿਆਨ ਅੱਖਰ ਉਚਾਰਨ ਯੋਗਿਤਾ
		ਕਵਿਤਾ “ਸੜਕ ਉੱਤੇ”	ਵੀਡੀਓ ਅਤੇ ਜਮਾਤ ਵਿੱਚ ਅਧਿਆਪਕ ਨਾਲ ਮਿਲਕੇ ਕਵਿਤਾ ਗਾਉਣਾ	ਸਰੀਰਕ ਸਿੱਖਿਆ ਅਤੇ ਕਲਾ ਨਾਲ ਏਕੀਕਰਨ	ਆਵਾਜਾਈ ਦੇ ਨਿਯਮਾਂ ਬਾਰੇ	ਮੌਖਿਕ ਕਵਿਤਾ ਸੁਣੀ ਜਾਵੇਗੀ	ਆਵਾਜਾਈ ਦੇ ਨਿਯਮਾਂ ਦੀ ਪਾਲਣਾ ਕਰਨ ਦਾ ਗਿਆਨ

ਦਸੰਬਰ	16	ਸ਼ ਤੋਂ ਲ	ਅੱਖਰਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਚਿੱਤਰ ਅਤੇ ਅੱਖਰ ਉਚਾਰਨ ਵਿਧੀ	ਚਿੱਤਰ ਦੇਖ ਕੇ ਸਹੀ ਅੱਖਰ ਲਿਖਣਾ	ਜਾਣਕਾਰੀ ਅੱਖਰ ਗਿਆਨ ਤੇ ਸਹੀ ਬਣਾਵਟ	ਸੁਲੇਖ, ਅੱਖਰਾਂ ਦਾ ਉਚਾਰਨ	ਅੱਖਰ ਉਚਾਰਨ ਯੋਗਿਤਾ ਅੱਖਰ ਗਿਆਨ ਵਿੱਚ ਵਾਧਾ
ਜਨਵਰੀ	10	ਬੁਝਾਰਤਾਂ	ਵਿਚਾਰ ਵਟਾਂਦਰਾ	ਬੁਝਾਰਤਾਂ ਬੁੱਝਣ ਲਈ ਉਤਸਾਹਿਤ ਹੋਣਾ	ਪ੍ਰਭਾਵਸ਼ਾਲੀ ਬੁੱਧੀ	ਬੁਝਾਰਤਾਂ ਬੁਝਣਾ	ਬੁਝਾਰਤਾਂ ਪਾਉਣ ਅਤੇ ਬੁੱਝਣ ਦੀ ਯੋਗਿਤਾ
ਫਰਵਰੀ	12	ਦੋ ਅੱਖਰਾਂ ਵਾਲੇ ਸ਼ਬਦ	ਸ਼ਬਦਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਚਿੱਤਰ ਅਤੇ ਸ਼ਬਦ ਉਚਾਰਨ	ਚਿੱਤਰ ਦੇਖ ਕੇ ਸਹੀ ਸ਼ਬਦ ਲਿਖਣਾ, ਮੇਲ ਮਿਲਾਓ, ਅੱਖਰਾਂ ਨੂੰ ਜੋੜ ਕੇ ਸ਼ਬਦ ਪੜਨਾ ਅਤੇ ਲਿਖਣਾ	ਵਿਦਿਆਰਥੀ ਆਂ ਨੂੰ ਦੋ ਅੱਖਰ ਜੋੜ ਕੇ ਸ਼ਬਦ ਪੜਨ ਲਈ ਉਤਸਾਹਿਤ ਕਰਨਾ	ਇਮਲਾ, ਕਾਰਜਸ਼ੀਲ	ਸ਼ਬਦ ਉਚਾਰਨਯੋਗਿਤਾ
ਫਰਵਰੀ	12	ਕਵਿਤਾ "ਸਾਡਾ ਝੰਡਾ"	ਵੀਡੀਓ ਅਤੇ ਜਮਾਤ ਵਿੱਚ ਅਧਿਆਪਕ ਨਾਲ ਮਿਲਕੇ ਕਵਿਤਾ ਗਾਉਣਾ	ਸੰਗੀਤ ਅਤੇ ਕਲਾ ਨਾਲ ਏਕੀਕਰਨ ਕੀਕਰਨ	ਕੌਮੀ ਝੰਡੇ ਬਾਰੇ ਜਾਣਕਾਰੀ	ਮੌਖਿਕ ਕਵਿਤਾ ਸੁਣੀ ਜਾਵੇਗੀ	ਦੇਸ਼ ਦੇ ਪ੍ਰਤੀ ਪਿਆਰ ਦੀ ਭਾਵਨਾ ਪ੍ਰਗਟ ਕਰਨਾ ਝੰਡੇ ਦੀ ਮਹੱਤਤਾ ਬਾਰੇ ਜਾਣਕਾਰੀ

		<p>ਤਿੰਨ ਅੱਖਰਾਂ ਵਾਲੇ ਸ਼ਬਦ</p>	<p>ਸ਼ਬਦਾਂ ਨਾਲ ਸੰਬੰਧਿਤ ਚਿੱਤਰ ਅਤੇ ਸ਼ਬਦ ਉਚਾਰਨ</p>	<p>ਚਿੱਤਰ ਦੇਖ ਕੇ ਸਹੀ ਸ਼ਬਦ ਲਿਖਣਾ, ਮੇਲ ਮਿਲਾਓ, ਅੱਖਰਾਂ ਨੂੰ ਜੋੜ ਕੇ ਸ਼ਬਦ ਪੜਨਾ ਅਤੇ ਲਿਖਣਾ</p>	<p>ਵਿਦਿਆਰਥੀ ਆਂ ਨੂੰ ਦੋ ਅੱਖਰ ਜੋੜ ਕੇ ਸ਼ਬਦ ਪੜਨ ਲਈ ਉਤਸਾਹਿਤ ਕਰਨਾ</p>	<p>ਇਮਲਾ, ਕਾਰਜਸ਼ੀਟ</p>	<p>ਸ਼ਬਦ ਉਚਾਰਨ ਯੋਗਿਤਾ, ਅੱਖਰਾਂ ਨੂੰ ਜੋੜ ਕੇ ਸ਼ਬਦ ਪੜਨ ਦੀ ਯੋਗਿਤਾ</p>
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SUBJECT - MATHEMATICS

Book :Together with e Mathematics Buzz!! – 1

CLASS – 1

SESSION – 2024-25

Month	Periods	Lesson	Teaching aids & methodologies	Activities (Based on Experiential learning)	Skills	Assessment	Learning Outcome
April	20	<p>Formation of digits (0-9)</p> <p>Tables -2-6</p> <p>Number names (1-100)</p> <p>Number names (101-130)</p> <p>Unit-1 Pre- number concepts</p> <p>Unit – 2 Playing with Numbers (upto20)</p>	<p>Activity method</p> <p>Multiplication table wheel Activity method</p> <p>Denomination of Indian Currency. Explanation, Discussion and Interaction</p> <p>Hands on Learning</p> <p>Live examples with Real objects Play way method.</p> <p>Role play game Group discussion</p>	<p>Sticky bindis</p> <p>Match the clouds to the drops.</p> <p>Colour the cloud to match the number with its number name.</p> <p>Virtual Reality Clay Activity INTEGRATED WITH ART- CONCEPT OF ON AND UNDER, TOP AND BOTTOM.</p> <p>INTEGRATED WITH PHY. FDU. ORDINAL NUMBER GAME</p>	<p>Organising Ability</p> <p>Quickness of decision.</p> <p>Organising Ability initiative Brain storming</p> <p>Effective intelligence Creativity</p> <p>Knowledge, Understanding, Application in day to day life</p>	<p>Oral Activity.</p> <p>Word Search(Puzzle)</p> <p>Activity</p> <p>Assignment</p> <p>Worksheet</p>	<p>Students will be able to do quick calculation.</p> <p>To build an understanding of Formation of numbers.</p> <p>Apply the concept in real life.</p> <p>Students will be able to - recognize Ordinal Numbers in their surroundings. Differentiate between cardinal and ordinal number.</p>

May	25	Number names (131-170)	Modules Random questioning.	Match the number name with numeral.	Quickness of decision	Worksheet	Students will be able to understand the numbers in numerals and in words.
		Unit – 4 Playing with Numbers (21 to 50)	Number cards Illustration Explanation through daily life.	Fun Activity Number Game Bingo Game	Reasoning ability	Mental Maths MCQ	To under the concept of counting steps.
		Unit – 6 More about Numbers (51-100)	Abacus Demonstration Discussion by taking examples from daily life.	INTEGRATION WITH MUSIC- Skip counting activity. Colouring activity.	Co-relate and complete the series	Mental Maths Assignment	Students will be able to understand the concept of place value.
June			Summer Vacation				

July	15	<p>Number names (171-200)</p> <p>Unit - 3 Addition and Subtraction (upto20)</p> <p>Unit -5 Addition and Subtraction (21 to 50)</p>	<p>Explanation method Discussion</p> <p>Real objects Discussion through activity.</p> <p>Flash cards Beads activity. Illustration by giving real life examples.</p> <p>Explanation through examples from daily life</p>	<p>Flash cards.</p> <p>Pick and add activity INTEGRATED WITH ART DRAW DIFFERENT OBJECTS FOR ADDITION.</p> <p>Activity Rolling the dice</p> <p>Mental maths</p>	<p>Effective intelligence</p> <p>Quickness of decision</p> <p>Self confidence</p>	<p>Worksheet.</p> <p>Assignment</p> <p>Worksheet</p>	<p>Students will be able to read and write the numbers.</p> <p>Students will be able to add quickly.</p> <p>Students will be able to add /subtract quickly.</p>
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<p>August</p>	<p>20</p>	<p>Table of 7 & 8</p>	<p>Multiplication table chart Random questioning. Stress on tables.</p>	<p>Drilling method activity</p>	<p>Reasoning ability</p>	<p>Dodging tables</p>	<p>Students will be able to do quick calculation.</p>
<p>September</p>	<p>15</p>	<p>Unit – 7 More about Addition and Subtraction (0 to 99)</p>	<p>Stories on word problem Explanation through examples from daily life</p>	<p>Identify the numeral Activity</p>	<p>Effective intelligence</p>	<p>Assignment</p>	<p>Students will be able to read and write the numbers.</p>
<p>September</p>	<p>15</p>	<p>Unit – 7 More about Addition and Subtraction (0 to 99)</p>	<p>Stories on word problem Explanation through examples from daily life</p>	<p>Secret code activity.</p>	<p>Brain storming QUICKNESS OF DECISION</p>	<p>Mental Maths</p>	<p>Students will be able to understand the process of give and take.</p> <p>Conceptual understanding Problem solving attitude</p>

October	15	<p>Tables 2-10</p> <p>Number names (251-300)</p> <p>Unit -8 Multiplication by repeated addition</p>	<p>Multiplication table chart</p> <p>Module</p> <p>Explanation method</p> <p>Real objects Discussion through activity Illustration by giving real life examples.</p>	<p>Dodging tables</p> <p>Active participation of students.</p> <p>Multiplication flower activity.</p> <p>INTEGRATED WITH MUSIC- Table song</p>	<p>Reasoning ability</p> <p>Effective intelligence</p> <p>Organising ability</p> <p>Creativity skills</p>	<p>Dodging tables</p> <p>Worksheet</p> <p>Mental maths</p>	<p>Quick calculation.</p> <p>Students will be able to apply the knowledge of numbers in virtual life.</p> <p>Students will be able to corelate between addition and multiplication</p>
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November	20	Table -11	Multiplication table chart	Drilling method activity	Knowledge	Oral activity	Quick calculation
		Number names (301-350)	Module Random questioning	Pick the correct cards.	Understanding	worksheet	Students will be able to understand the numbers in numerals and in words.
		Unit -9 Measurement	Real objects Metre scale, Beakers, Weighing machine. Hands on learning & Group Discussion	Balancing Game Virtual reality Which vessel holds more. INTEGRATED WITH PHY. EDU By measuring Height and Weight.	Reasoning ability Initiative STAMINA LIVELINESS	Hand span activity Activity to measure weight of family members.	Students will be able to measure the length and weight of different objects.

December	20	Table -12	Multiplication table chart Drilling method	Dodging tables.	Organizing ability	Work sheet	Students will be able to understand the numbers in numerals and in words.
		Number names (351-380)	Explanation method	Assignment			
		Unit-10 Shapes and Pattern	Wooden 3D shapes Group Discussion Role play	Two is enough. Verli art. INTEGRATED WITH ART- Use different cuttings and make new patterns. Video show on Topic- Rolling and Sliding by students.			Reasoning ability Brain Storming EFFECTIVE INTELLIGENCE Logical and Critical thinking.
Unit -11 Time and Calendar	Real objects Clock, Calendar Hands on learning. Use of clock to read the time	Tick Tock Activity. To find the important days by using calendar.	INITIATIVE Knowledge.	M C Q	Students will be able to read time and able to create their own clock.		

January	15	Number names (381-400)	Modules Flash cards	Discussion by taking examples from daily life	Reasoning ability Quick decision	Discussion	Able to spell the numbers.
		Unit-12 Money	Denomination of Indian currency	Lets go for shopping. How genius you are?	Self confidence Reasoning Ability Critical thinking.	Oral questioning. Worksheet	Students will be able to understand to apply in day to day dealing.
February	20	Unit-13 Data Handling	Real objects Arrange the things of bag in the form of data.	INTEGRATED WITH ART-Pictorial representation of data. Video show by students on Topic- Data Handling	Organising ability Reasoning Ability	Worksheet Project work	Able to interpret the information.

Class-I				Subject- EVS			
Session:2024-25							
Book – Fun With Environmental Studies 2.0				Author: Vinita Kumar			
A Book of Environmental Studies							
Month	Periods	Lesson	Teaching aids& Teaching Methodologies	Activities (Based on Experiential Learning)	Skills	Assessment	Learning Outcome
April	20	L-1 About Me	Conceptual questioning, modules Live Event	Figure me out	Self-awareness Effective Intelligence Confidence	Oral	Able to express oneself Knowledge about Important information
		L-2 Our Body Is Wonderful	Demonstration Music, videos Play way method,	Creative space Rhyme Integrated with Music Simon says	Self-awareness Critical thinking Effective intelligence	Written Students' Participation	Understanding of different body parts and their functions
		L-3 My Sense Organs	Live examples Game based learning	Run for sense Aerobics Integrated with Physical Education	awareness Cooperation	Written	Importance of sense organs to understand surroundings.
		L-4 My Family	Explanation through discussion	Showcase together (Photo - frame)Integrated with Art	Interpersonal relationship Empathy Decision making	Activity	Able to differentiate different types of families. Able to identify which family do they belong to.
May	25	L-5 We Help One Another	Live examples, Conceptual questioning Group Discussion	Image talk (Any family member)	Interpersonal relationship Coping with stress Empathy	Students' Participation	To recognize their roles in household chores
		L-6 Our Food	Live examples Demonstration method	Select wisely- Students will keep the food items at correct place. Healthy/Unhealthy food items	Reasoning ability Determination Decision making Critical thinking Stamina	Written	Adapt healthy habits on daily basis
		L-7 Our Clothes	Story telling method	Creative Space Make winter cap	Decision making Critical thinking	Written	Select clothes wisely and take care of personal hygiene
June			Summer Vacation				

July	15	L-8 We Need A House	Live examples, Picture chart, situational questioning	My Dream House (origami) Integrated with Art	Critical thinking Decision making Problem solving	Activity	Differentiate different kinds of houses. Recognition of material used to build a house.
		L-9 Our Home	Inquiry based questioning Explanatory Method	Music with water (different utensils)	Organizing ability Critical thinking Decision making	Written	Knowledge of different rooms of a house and their significance
August	20	L-10 Plant World	PPT, Modules Picture chart	Let them free	Reasoning ability Critical thinking	Oral Assessment	Role of plants in our life and our responsibility towards nature
		L-11 Plants- Our Green Friends	Hands on experiences Conceptual based questioning,	Creative Space Rhyme/Song Integrated with Music	Sense of responsibility	Written	
September	15	L-12 Animal World	Music, Video Live examples Sounds of animals	Animal dance Integrated with dance Dumb charades	Interpersonal relationship Empathy Sense of responsibility,	Students' Participation	Differentiate different kinds of animals their sounds and shelter
		L-13 Food and Homes of Animals	PPT, Modules Picture chart Live examples Story Telling Method Gol Mol	Pet vs. wild Activity (toys)	Reasoning ability, Effective intelligence	Written	To take care of animals
October	15	L-14 Places near my home	Live examples PPT, Module Situational based questioning Explanatory Method	Call me during emergency	Interpersonal relationship Empathy Sense of responsibility,	Activity	Ready to cope up with adverse situation
		L-15 Our School	Experience based learning	Let's explore Our School	Reasoning ability, Effective intelligence	Written	Familiar with school's values and Motto

November	20	L-16 Our Classroom	Real Objects, Live Examples Demonstration Explanatory Method	Pick and Tell Activity	Critical thinking Reasoning ability	Written	Importance of School and classroom To take care of school property
		L-17 Our Festivals	PPT, Modules Photographs	Gol Mol (Riddles)	Interpersonal relationship Coping with stress and emotion	Written and Activity	Knowledge of our rich culture
December	20	L-18 Growing Up	Live Event Demonstration Picture chart	My happy journey of Growing Up Activity	Interpersonal relationship	Activity	To follow Healthy Life Style
		L-19 Good Manners and Habits	PPT, Modules	Creative Space Poem Integrated with Music	Coping with stress and emotion	Activity	Exhibit good manners in daily life
January	15	L-20 Safety Rules	Picture chart Live examples questioning	Creative Space Rhyme Integrated with Music	Reasoning ability Critical thinking Decision making	Assignment	Awareness of Safety Rules
		L-21 Means Of Transport	Picture chart Situational based questioning Story Telling	Make Vehicle with Origami sheets Integrated with Art			Knowledge of different means of transport
February	20	L-22 Our Earth	PPT	Search to win	Effective intelligence Sense of responsibility, Reasoning ability Decision making	Reasoning ability Critical thinking Decision making	How to contribute to make it green and Clean
		L-23 The Sky Above us	Picture chart Group Play way Explanatory Method	My own planet (clay)	Creativity	Critical thinking creativity	Knowledge of different heavenly bodies and its significance

MONTH	PERIOD	LESSON	TEACHING AIDS AND METHODOLOGIES	ACTIVITIES(BASED ON EXPERIENTIAL LEARNING)	SKILLS	ASSESSMENT	LEARNING OUTCOMES
April		*Under or Above the Ground Pg-7 *Sports Balls Pg -8 *Similar Words Pg-9 *Uniforms Pg -10-11	*ICT Modules *Vocabulary	*Word Fun *Quiz	*Awareness	*Name them *Identify *Random Questioning	Students will learn about - different vegetables -types of sports balls -different uniforms -vocabulary
May		*How to wash HandsPg-12 * Count the Fruits Pg-13 *Superheroes and their logos Pg-14-15 *My body Pg- 16	*ICT Modules *Flashcards *Discussion *Interactive session	*Interactive Activities *Word Fun	*Cleanliness *Global awareness *Science Literacy	*Random Questioning *Assessment Test	-hygiene -Superheroes logos -names of different body parts
July		*Beats and Notes Pg-17 *Worksheet-1 Pg-18 *Paper-Scaled fish Pg –19	*Activity *Explanation *Interactive Session	*Let’s Do and Learn	*Creative Thinking	*Assessment Test	-about different musical instruments
August		*Be a Good student Pg-20-21 *Brain Teaser Pg-22-23 *Poem World Pg - 24 *What to Pack? Pg-25 *What makes 10? Pg-26	*Discussion *Activity *Interactive Gaming	*Creative Talk *Let’s Find Out *Pictionary	*Cultural Literacy *Problem solving *Creativity	*Quiz	-Good manners -characters of poems -reasoning
September		*Meet the Sportstars Pg. 27 *Get inspired Pg-28 *Sh Words Pg – 29 *Worksheet-2 Pg 30	*ICT Modules *Discussion *Interactive session	*Creative Talk	*Information Literacy	*Assessment Test	-famous sports personalities -MS Dhoni - phonics

October	<ul style="list-style-type: none"> *Tick-Tock Pg -31 *Yoga for Health Pg- 32 *I am responsible Pg-33 *Spot the Differences Pg 34-35 	<ul style="list-style-type: none"> *Model of clock *Interactive game 	*Let's Do and Learn	<ul style="list-style-type: none"> *Self-awareness *Information literacy 	*Assessment Test	<ul style="list-style-type: none"> - Different hands of the clock - Basic yoga poses
November	<ul style="list-style-type: none"> *Festival Time Pg-36-37 *Nocturnal InsectsPg.38 *Our Home Pg.39 *Computer Words Pg-40-41 	<ul style="list-style-type: none"> *Explanation *Discussion 	*Let's Find out	<ul style="list-style-type: none"> *General Awareness *Information Literacy 	*Assessment Test	<ul style="list-style-type: none"> -different festivals -names of different rooms in a house -Computer parts
December	<ul style="list-style-type: none"> *Good Actions Pg-42 *Worksheet -3 Pg-43 *Pair me Right! Pg-44 	<ul style="list-style-type: none"> *Informative Discussion 	*Role play	<ul style="list-style-type: none"> *Information Literacy *General Awareness 	*Group Discussion	<ul style="list-style-type: none"> -moral values - different pairs
January	<ul style="list-style-type: none"> *Be a Super kid! Pg-45 *Leading Lady Pg-46 *Indian Sports HeroesPg-47 	<ul style="list-style-type: none"> * Discussion 	*Let's Do and Learn	<ul style="list-style-type: none"> *Problem Solving *Information Literacy 	<ul style="list-style-type: none"> *Tick the correct option *Match the columns 	<ul style="list-style-type: none"> -Values -Mithali Raj -Indian Sports Heroes
February	<ul style="list-style-type: none"> *Brushing Your Teeth Pg-48-49 *Plant It Pg-50-51 *Worksheet-4 Pg-52 *Test Paper Pg-53-54 	<ul style="list-style-type: none"> *Discussion 	*Let's Do and Learn	* Self Awareness	<ul style="list-style-type: none"> *M.C.Q *Identify *Assessment 	<ul style="list-style-type: none"> - Oral Hygeine -Gardening

Syllabus - Class I

(Session 2024-2025)

COMPUTER

Books Recommended: TOUCHPAD (Plus Ver. 4.0)

Month	Periods	Lesson	Teaching aids & methodologies	Activities (Based on Experiential learning)	Skills	Assessment	Learning Outcome
APRIL	8	Lesson-1 Computer-A Machine	Computers, Smart Class & Books ❖ Discussion Method ❖ Explanatory Method ❖ Reading Explanation	❖ Introduction to various parts of computer ❖ Handling of mouse	❖ Introduction to various parts of computer ❖ Difference between Natural and human – made things	Oral test	Students will able to handle the mouse
MAY	8	Lesson-2 Uses of a Computer	Computers, Smart Class & Books ❖ Discussion Method ❖ Explanatory Method ❖ Reading Explanation	❖ Draw different shapes in Paint Brush ❖ Typing different alphabets & numbers by using Keyboard	❖ Uses of computer at different places	Oral test	Students will able to handle the mouse & Keyboard
JULY	8	Lesson-3 Parts of a Computer	Computers, Smart Class & Books ❖ Discussion Method ❖ Explanatory Method ❖ Reading Explanation	❖ Introduction to other parts of a computer ❖ Typing of Fruits name & Vegetables name ❖ Draw Hut, Candle & Balloon by using mouse	❖ Effective use of mouse	Oral test	Students will be able to use the mouse properly.
AUGUST	8	Lesson-4 The Keyboard & the Mouse	Computers, Smart Class & Books ❖ Discussion Method ❖ Explanatory Method ❖ Reading Explanation	❖ Typing Paragraph on My School & My bottle in Notepad ❖ Draw Tree , Train & Monitor in Paint Brush	❖ Learn the functions of special keys ❖ Learn different Mouse actions	Oral test	Students will able to know the difference between the single click & double click Know about the special keys of the keyboard

SEPTEMBER	REVISION OF THE SYLLABUS AND PRACTICAL PAPER						
OCTOBER	8	Lesson-5 Tux Paint	Computers, Smart Class & Books ❖ Discussion Method ❖ Explanatory Method ❖ Reading Explanation	❖ Introduction of Tux Paint ❖ Parts & Tools of Tux Paint ❖ Draw Robot & Landscape scenery in Tux Paint	❖ Uses of different tools in Tux Paint	Oral test	Students will able to use the Tux Paint & its tools.
NOVEMBER	8	Lesson-6 Reasoning & Critical thinking	Computers, Smart Class & Books ❖ Discussion Method Explanatory Method ❖ Reading Explanation	❖ Draw different scenes by using the magic tool in Tux Paint	❖ Critical thinking	Oral test	Develop Computational thinking
DECEMBER	8	Lesson-7 Introduction to ScratchJr	Computers, Smart Class & Books ❖ Discussion Method ❖ Explanatory Method ❖ Reading Explanation	❖ Introduction of ScratchJr ❖ Components of ScratchJr window ❖ Create scene in ScratchJr	❖ Students will learn how to use the ScratchJr	Oral test	Students will able to know the main components of ScratchJr
JANUARY	8	Lesson-8 Introduction to Artificial Intelligence	Computers, Smart Class & Books ❖ Discussion Method ❖ Explanatory Method ❖ Reading Explanation	❖ Creating a ScratchJr project by adding a new character & Backdrop ❖ Saving a project	❖ Creativity	Oral test	Students will able to create the ScratchJr project.
FEBRUARY	REVISION OF THE SYLLABUS AND PRACTICAL PAPER						

MONTH	PERIOD	LESSON/ACTIVITY/ PROJECT	TEACHING METHODOLOGY	INTEGRATION WITH SUBJECT	SKILL	LEARNING OUTCOME
April	8	4 The cutie cow 5 Pretty Patrick 6 Craft chick 7 Fly high butterfly 8,9 Warli art 10 Duckie Duck	Demonstration Method	With English Emojis With Evs Photo frame With Maths Concept of On/Under & Top/Bottom	Thinking & Observation skills	Hand ,Eye coordination Shapes Identification
May	8	11 A school of fish 12 Sticky space 13 Beautiful landscape 14 Spaceship in the grid 15 Dot to dot birdie	Demonstration Method	With Hindi Balloons With English Bird With Evs Winter cap	Creativity skills	Identify and Draw the pattern with different colour of sketch pens.
July	8	16 Draw stick figure 17 Practice time 18 The ladybug 19 Half bee	Demonstration Method	With Evs My Dream House With Maths Objects for Addition	Creativity skills	Developing interest in different things
August	8	20 Bubbly honeycomb 21 A for Alligator 22,23 Thumb painting	Demonstration Method	With English Peacock	Creativity skills	Creativity imaginative craft skill
September	8	24 My House 25 Rangoli Pattern 26 Our National bird 27 Beautiful birds	Demonstration Method	With Hindi Colours	Imagination skill	Imaginative Craft skills
October	8	28 Garbage in Garbage 29 Say hi to Ally 30 Tea party 31 Happy face	Demonstration Method	With Hindi & English Butterfly	Observation skills	Life skills reuse of waste material

November	8	32 Bloom n Bloom 33 Squirrel and it's fruit 34,35 In the Garden 36 Best Buddies 37 Helicopter Ride	Demonstration Method	With Hindi Fish With Punjabi Traffic Lights	Creativity skills	Developing interest in flowers
December	8	38 Flower 39 Pattern Rocket 40 Fishy Bone 41 Octopus	Demonstration Method	With Maths Pattern	Creativity skills	Hand eye coordination
January	8	42 Clay Buddy 43 Teddy bear 44 Origami Pencil 45 3D Cube	Demonstration Method	With English Any five things you see in the sky	Creativity skills	Affinity with Nature Drawing with Visual cues
February	8	46 Pot of Gold 47 Leaf Face 48 Nature of Art 49 Leafy Impression	Demonstration Method	With Evs Ride with Origami Planet with Clay With Punjabi Flag With Maths Pictorial Representation	Imaginative craft skill	Habit of looking after plants

CLASS 1**MUSIC VOCAL SYLLABUS**

MONTH	PERIODS	TOPIC	TEACHING METHODOLOGY	INTERGRATION WITH OTHER SUBJECTS	SKILL	LEARNING OUTCOME
APRIL	10	Gayatri Mantra & School Song	Repetition	Punjabi poem ARDAS EVS – Song on Body Parts Integration with Music	SPIRITUALITY AND LOVE FOR SCHOOL SELF CONFIDENCE AND LIVELINESS	Worship of God LEARN FUNCTIONS OF THE BODY PARTS
MAY	10	Bhajan KABHI RAM BANKE Gods Love ENGLISH PRAYER	Repetition	EVS- MUSIC with water (different utensils)	Develop reasoning	
JULY	10	RED LIGHT AND FLOWERS IN THE GARDEN (ENGLISH SONG)		HINDI – CHUM CHUM JAG GYI STORY BASED SONG	ORGANISING ABILITY	COURAGE AND QUICKNESS OF DECISION
JUNE	SUMMER VACATIONS					
AUGUST	10	PATRIOTIC SONG NANHA MUNNA RAHI HOON	BY USING PROPS	EVS- SAVE TREES (PLANTS ARE GREEN) English- Five Little monkeys.	SENSE OF RESPONSIBILITY	GERMINATE THE AFFECTION FOR TREE PLANTATION

SEPTEMBER	08	Praise Him...Prayer Oh God help me.. Song Kabir Dohas	By using school diary	-	Social Adaptability	It will generate tolerance and spirituality
OCTOBER	10	Diwali Song	With actions	Punjabi Poem MAA Math – Song on TABLE	EMOTIONS -	To know love of festivals And mother
NOVEMBER	10	Children Day songs	Verbal actions	MATH- SONG ON SKIP COUNTING	REASONING	LOGICAL REASONING Learn the Importance of the day
DECEMBER	10	CHRISTMAS SONG	REPITITION	EVS- SONG ON GOOD MANNERS	POWER OF EXPRESSIONS	POLITENESS WHILE SPEAKING
JANAURY	10	WELCOME SONG SONG ON DAYS AND MONTHS	REPITITION		POWER OF EXPRESSION	FAMILIARITY WITH ACTION WORDS LEARN ETTIQUETTS
FEBRUARY	8			PUNJABI - SONG ON SADA JHANDA	SOCIAL ADAPTABILITY AND COOPRATION	DEVELOP PATRIOTISM

Dance Syllabus Class 1st

Month	Periods	Lesson/activity	Teaching methodology	Integration with Subjects	Skill	Learning outcomes
April	4	Dance Zoobi doobi song Integration related activity	By playing audio and showing the steps	Subject: Hindi Topic: कविता बिल्ली	Fun exercise	Learning basic steps of dance
May	4	Bam bam bole song Integration related activity	By showing the steps and related videos	Subject: English Topic: poem two little hands	Rejuvenating activity	Learn freestyle dance moves
July	4	Lakdi ki khathi song	With the help of music, related videos		To build confidence in students to perform	Flexible and active body movements
August	4	Nani teri morni	Demonstrating the steps with the audio		Fun activity with healthy exercise	Learn fun way of exercise
September	4	Revision

October	4	Galti se mistake	With the help of music giving demo of steps		Learn different steps of dance	Learning freestyle dance moves
November	4	Bhangra	By playing audio and showing the steps		Fun activity with healthy exercise	To improve overall body coordination and balance
December	4	Itti si hasi song Integration related activity	Demonstrating the steps with the Music	Subject: Hindi Topic: कविता बिल्ली और दिल्ली	Relaxing activity for students	Boosting confidence in students to show talent on stage
January	4	Zomba dance	Demonstrating the steps with the audio		Physical relaxation with entertainment	To make body fit and healthy
February	4	All is well song	By playing audio and showing the steps		Learning new moves in dance	Ability to perform in front of others

Health and Fitness Class-1

MONTH	PERIOD	LESSON/ACTIVITY/ PROJECT	TEACHING METHODOLOGY	INTEGRATION WITH SUBJECT	SKILL	LEARNING OUTCOME
April	8	*Walk Different Pathways *Hopscotch *Warming Up Exercises *Ordinal Numbers Games	Demonstration (By Part &Continue)	Aerobics (EVS) Hopscotch(Is, Am, Are) (English) Ordinal Numbers (Math)	Flexibilities	Improve Flexibilities and Coordination Through Aerobics
May	8	*Rhythmic Exercises *Hurdle Race *Hopping with *Action Words *Toss and Catch With Bean Bag	Demonstration (By Part &Continue)	Hop a Little(English)	Coordination	Enhanced Physical Fitness
July	8	*Obstacle Race *Jumping Exercises *knowing Their Body Parts *Spoon Race	Demonstration (By Part &Continue)	विलोम शब्द (हिन्दी)	Endurance	Increase Strength
August	8	*Callisthenics *Frog Jump Race *Aerobics With Music Shuttle Run	Demonstration (By Part &Continue)	ਫਲ ਖਾੜਿ(Punjabi)	Speed	Develop Muscles Co-ordination
September	8	*Yoga *March Past *Personal Hygiene *Run Pick and Pick	Demonstration (By Part &Continue) Lecture Method		Flexibilities	Develop Self Care Skills
October		Circuit Training Hopscotch(was,were) Exercises With Hula Hoops *Physical Exercises	Demonstration (By Part &Continue)	Hopscotch (English) आदत सुधर गई खेल सम्बन्धी नियम (हिन्दी)	Speed Endurance	Improve Strength and Flexibility

November		*Basketball Dribbling *Games with Counting	Demonstration (By Part &Continue)	Measure (Math) गिनती (हिन्दी) Poem :ਸੜਕ ਉੱਤੇ (Punjabi)	Flexibility	Learn Counting with Doing Activity
December		*Hopscotch(Has, Have) *Relay race *Balance Activity *Physical exercises	Demonstration (By Part &Continue)	Hopscotch (English)	Coordination	Improve Stability And Coordination
January		*Running activity *Ball Relay *Frog Race *Standing Broad Jump	Demonstration (By Part &Continue)		Speed	Improve Speed and Strength
February		*Kho-Kho *Co-operative Games For Fitness	Demonstration (By Part &Continue)		Strength	Develop Agility , Strength , Balance , And Flexibility

BCM SCHOOL
A SENIOR SECONDARY SCHOOL
SECTOR 32-A, URBAN ESTATE, CHD. ROAD, LUDHIANA
JUNIOR LIBRARY
ACTIVITIES 2024- 25
Class I

SR.NO.	MONTH	ACTIVITIES	LEARNING OUTCOMES
1	April	Introduction of library, Knowledge about library rules	They will know about library rules
2	May	Word games/ book reading (Read aloud)	To enhance the reading, listening and speaking skills. Students vocabulary will be improved
3	July	Story telling / book reading / Words of the day	Students will learn moral values Students will have awareness about traffic rules. According to CBSE Reading mission teacher will narrate the story.
4	August	Book reading / Riddles	Riddles can support children's problem solving logic and critical thinking skills.
5	September	Traffic rules/ Story time	Students will have awareness about traffic rules. According to CBSE Reading mission teacher will narrate the story.
6	October	Festivals of India (activities related festivals)	Students will know about different festivals of India
7	November	Knowledge of indoor & outdoor games (Quiz)	Students will learn about indoor and outdoor games
8	December	Story time , Quiz on national symbols	Students will learn moral values and nation.
9	January	Quiz related swadesh manthan (Punjab) Introduction of e – books.	Students will gain knowledge about states. Students will come to know about National digital library scheme.
10	February	Final exam	